



UNTANGLED
THERAPY AND TRAINING

2026 / 2027

SCHOOL TRAINING CATALOGUE

PRACTICAL.
EVIDENCE INFORMED.
MAKING A DIFFERENCE IN SCHOOLS AND COMMUNITIES.

SUPPORTING SCHOOLS.
STRENGTHENING COMMUNITIES.
EMPOWERING EDUCATORS.

About Untangled Therapy and Training

Supporting Safer, Calmer and More Connected
School Communities

Untangled Therapy and Training provides practical, evidence informed professional development and consultancy services for schools across Western Australia.

We help educators deepen their understanding of the factors driving behaviour, respond confidently to escalation and implement practical strategies that support regulation, engagement and learning.

Our approach combines behaviour support, regulation informed practice, educator wellbeing and real world classroom strategies to build staff confidence, strengthen student outcomes and create sustainable change across school communities.

Our training is grounded in:

- Behaviour support and behaviour management
- Regulation informed approaches
- Relationship based practice
- Trauma informed education
- Practical classroom implementation
- Whole school capacity building
- Educator wellbeing and staff capacity

Available Across Western Australia

Training and consultancy services are available across metropolitan, regional and remote Western Australia.

Contents

Professional Development and Consulting Services

Why Schools Work With Us - Page 3

Our approach to supporting students, educators and school communities through regulation informed relational and developmentally responsive practice.

Training Streams - Page 4 and 5

Explore our professional development workshops and packages

Professional Development Delivery Options - Page 6

Information regarding professional development booking options and tailored training packages.

Professional Development Pricing - Page 7

Training pricing and investment options.

Consultancy Services - Page 8 and 9

Collaborative onsite support for schools navigating behavioural, emotional, developmental, mental health and regulation challenges.

Consultancy Pricing - Page 10

Information regarding consultancy packages, onsite support options and tailored school partnerships.

Contact Information - Page 11

Booking enquiries, partnerships and further information.

Why Schools Work With Us

Evidence informed. Practical. Relevant.

Designed for the realities of today's classrooms

Practical and Immediately Applicable

Our training is designed for real classrooms, real educators and real world challenges. Staff leave with practical strategies they can implement immediately to support behaviour, regulation and student engagement.

Tailored to Your School Context

No two schools are the same. Training and consultancy are adapted to suit the unique needs of your staff, students and school environment ensuring strategies are relevant and achievable.

Extensive Experience Supporting Complex Behaviour

Our Education Support and Training Consultant has over a decade of experience working alongside schools to support behavioural complexity, emotional regulation challenges, mental health concerns and trauma related presentations.

Whole School and Individual Student Support

From classroom strategies and individual student planning to leadership consultation and whole school professional development, we support schools to create consistent and sustainable approaches to behaviour, wellbeing and student support.

Flexible Delivery Options

Training can be delivered through staff meetings, pupil free days, leadership development sessions, wellbeing teams, small group consultation or whole school professional development.

Training Streams

Evidence Informed Professional Development for
Schools & Organisations

Our workshops are organised into four professional learning streams, allowing schools and organisations to select individual workshops or combine multiple sessions to create a tailored professional development program that aligns with their priorities and goals.

Stream One

Behaviour, Regulation & Emotional Safety

Supporting educators to understand behaviour, strengthen regulation and build emotionally safe learning environments through practical, relationship based approaches.

Workshops include:

- The Window of Tolerance in Schools
- Beyond the Behaviour
- Dysregulation & De-escalation
- Regulation in Action

Stream Two

Mental Health, Trauma & Student Wellbeing

Building educator confidence to recognise, understand and respond to the emotional, developmental and mental health needs of children and adolescents within educational settings.

Workshops include:

- Addressing the Whole Child
- Supporting Students Who Are Hard to Reach
- Anxiety & School Attendance Difficulties



Stream Three

Educator Wellbeing & Staff Capacity

Supporting educators to thrive in emotionally demanding roles through practical strategies that strengthen wellbeing, resilience and professional confidence while fostering calm, connected learning environments.

Workshops include:

- Understanding the Educator
- Burnout, Compassion Fatigue & Emotional Load in Education

Stream Four

Leadership & Whole School Approaches

Supporting school leaders to build consistent, sustainable and regulation informed systems that strengthen staff capacity, student wellbeing and whole school culture.

Workshops include:

- Building Sustainable Practice in Schools
- Building a Regulation Informed School Culture
- Whole School Approaches to Behaviour Support

Learning Objectives and Further Information

All of our training workshops can be delivered as individual sessions or combined to create customised professional development packages aligned with your school's priorities.

Comprehensive details of each workshop and learning objectives can be found on our website www.untangledtt.com.au/training or by scanning the qr code below.



Professional Development Delivery Options

OPTION ONE:

On-site Single School / Single Organisation Professional Development

Suitable for educators, leadership teams, education assistants, wellbeing teams and professionals supporting children and adolescents.

Available Formats:

- 2 Hour Professional Development Session
- Half Day Professional Development Session (3 Hours)
- Full Day Professional Development Session (6 Hours)

OPTION TWO:

Multi School / Multi Organisation Training

Suitable for collaborative training opportunities across multiple schools or organisations.

Available as:

- Half Day Professional Development Session (3 Hours)
- Full Day Professional Development Session (6 Hours)



Professional Development Pricing

Professional Development Pricing

Single School / Single Organisation:

- 2 Hour Professional Development Session: \$750 + GST
- Half Day Professional Development Session (3 Hours): \$1350 + GST
- Full Day Professional Development Session (6 Hours): \$2400 + GST

Additional participants over 20 attendees charged at \$45 per participant + GST.

Multi School / Multi Organisation:

- Half Day Professional Development Session (3 Hours): \$1600 + GST
- Full Day Professional Development Session (6 Hours): \$2950 + GST

Additional participants over 20 attendees charged at \$45 per participant + GST.

All pricing information including travel fees can be viewed on our website <https://www.untangledtt.com.au/training>

Consultancy Services

Onsite School Consultancy and Support

Untangled Therapy and Training provides onsite consultancy and practical guidance for schools, educators and professionals working with children and adolescents navigating behavioural, emotional, developmental, mental health, regulation and trauma-related challenges.

Delivered by our Education Support and Training Consultant and Senior Child and Adolescent Mental Health Clinician, our consultancy services are collaborative, evidence-informed and tailored to the unique needs of students, classrooms, staff teams and school communities.

Our work focuses on understanding the whole child and exploring the factors influencing participation, engagement and regulation, including behaviour, sensory needs, executive functioning, mental health, development, relationships, classroom environments and broader school systems.

Consultancy may involve consultation regarding individual student presentations (with appropriate consent), exploration of classroom and environmental factors impacting learning and engagement, and working alongside educators to develop practical strategies that strengthen regulation, inclusion and participation.

By moving beyond behaviour management alone, we support schools to develop deeper understanding, practical capability and sustainable approaches that enhance student outcomes while building staff confidence and wellbeing.

Our consultancy approach is centred on collaboration, working alongside educators and leadership teams to translate understanding into meaningful action and develop strategies that can be embedded into everyday practice.

Consultancy Services

Consultancy Services May Include:

Classroom and Environmental Consultation

- Classroom observations and collaborative feedback regarding participation, engagement, regulation and classroom functioning
- Exploration of classroom, sensory and environmental factors influencing student engagement and learning
- Recommendations to strengthen classroom regulation, inclusion and participation

Student and Behaviour Consultation

- Consultation regarding individual student presentations (with appropriate consent)
- Exploration of behavioural patterns, escalation cycles, triggers and contributing factors
- Development of practical regulation-informed and behaviour-informed strategies for educators

Staff Capability and Implementation Support

- In-situ coaching and support for educators implementing strategies
- Collaborative planning, case discussions and school team consultation
- Targeted professional learning relating to behaviour, regulation, mental health and engagement
- Support implementing trauma-informed, developmentally informed and regulation-informed practices



Consultancy Services Pricing

Consultancy Pricing

Consultancy services are available across metropolitan, regional and remote Western Australia.

Onsite Consultancy Services:

\$350 per hour + GST

Minimum 2 hour booking applies.

Additional travel fees may apply outside Bunbury, WA.

Further information regarding our consultancy services can be viewed on our website: <https://www.untangledtt.com.au/training>

Let's Work Together

We would love to support your school, staff and students.

To discuss professional development, consultancy services or customised training packages please contact:

Tamara Bushell

Educational Support and Training Consultant

Senior Child and Adolescent Mental Health Clinician

Endorsed Mental Health Occupational Therapist

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 www.untangledtt.com.au

 Bunbury, Western Australia

Supporting schools across metropolitan, regional and remote Western Australia.